

## Washington Information Network

-Health and human service information,  
referrals and other assistance  
Dial 2-1-1

### Local Support

#### Our TreeHouse\*

1212 Indian Street  
PO Box 4124  
Bellingham, WA 98229  
(360) 223-6681  
<http://www.our-treehouse.org>

Pediatric Bereavement Program  
Providence Hospital of Snohomish County  
2731 Wetmore, #500  
Everett, WA 98201  
(425) 261-4798

Inspire Youth Project  
417 23rd Avenue South  
Seattle, WA 98144  
(206) 628-8949  
<http://inspireyouthproject.org/>

Grief Place, NCW Loss Support  
1610 Fifth Street  
Wenatchee, WA 98801  
(509) 662-6069  
<http://www.griefplace.org>

Bereavement Support and Traumatic Loss Support  
Group at Swedish Edmonds  
First Floor Conference Room  
Swedish/Edmonds Medical Center  
21601 76<sup>th</sup> Ave W.  
Edmonds, WA 98026  
Bereavement Line: [425-640-4404](tel:425-640-4404).

The Landing  
PeaceHealth United General Medical Center  
2000 Hospital Drive  
Sedro-Woolley, WA 98284  
(360) 856-7615  
<https://www.peacehealth.org/united-general/services/the-landing/Pages/Default>

### Online Resources

- <http://imhurting.org> (Online Chat available)
- <https://grievingstudents.org/>
- <https://childrengrieve.org>
- American Academy of Pediatrics Disaster Preparedness Initiative  
Guidelines on promoting adjustment and helping children cope.
- The Moyer Foundation  
A resource center to find information about bereavement centers, camps and programs, and related resources
- The National Alliance for Grieving Children (NAGC)  
Provides a network for nationwide communication between hundreds of professionals and volunteers who want to share ideas, information and resources.
- New York Life Foundation Parents and Families Support  
Tools and guides, personal stories, essays, and other resources that to help parents and family members navigate a loss
- BRIDGES: : A Center for Grieving Children  
Mary Bridge Children's Hospital & Health Center  
<http://www.multicare.org/marybridge/>
- Journey Program – [www.seattlechildrens.org](http://www.seattlechildrens.org)
- [www.highmarkcaringplace.com](http://www.highmarkcaringplace.com)

### Phone/Text Resources

Compass Health Crisis Line  
425-258-4357  
VOA Care Crisis Line  
1-800-584-3578  
Text Line – Teen Line  
CALL 310-855-4673  
TEXT TEEN to 839863